

How to Capture a Moment of Love

By Dolores M. Ouellette

Did you ever stop to think how many hugs and kisses have filled the walls of your house or apartment over the years? When you need it most, just sit in your favorite spot, close your eyes and feel the essence of those gestures of love as they surround you. Let them fill your heart with joy, once again, as many times as you wish, for however long it takes to heal your soul.

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